



# VENTURA COUNTY JUNIOR LIFEGUARD PROGRAM

## JULY 6, 2026 – JULY 31, 2026

### SILVER STRAND BEACH IN OXNARD

### STUDENT APPLICATION

Submit complete application & program fee to: Harbor Patrol, 3900 Pelican Way, Oxnard  
Space is limited. Applications will be accepted on a first-come, first-served basis.

#### STUDENT INFORMATION

Name First & Last \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Adult  Youth

Birth Date \_\_\_\_\_ Age on 1<sup>st</sup> Day of Program: \_\_\_\_\_

Email to Receive Program Information: \_\_\_\_\_

#### PARENT/LEGAL GUARDIAN INFORMATION

Name of Parent/Legal Guardian \_\_\_\_\_

Phone (Day) \_\_\_\_\_ (Cell) \_\_\_\_\_ (Eve) \_\_\_\_\_

Name of Parent/Legal Guardian \_\_\_\_\_

Phone (Day) \_\_\_\_\_ (Cell) \_\_\_\_\_ (Eve) \_\_\_\_\_

Email Address: \_\_\_\_\_

#### STUDENT'S EMERGENCY CONTACTS

Please list two adult individuals if a parent or legal guardian cannot be reached in an emergency. List emergency contact numbers in the order in which they should be called.

Name: \_\_\_\_\_ Cell \_\_\_\_\_ Other # \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Cell \_\_\_\_\_ Other # \_\_\_\_\_ Relationship \_\_\_\_\_

#### PHYSICIAN TO BE CALLED IN AN EMERGENCY

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Any restrictions on medical treatment? No  Yes  If yes, please list: \_\_\_\_\_

Allergies to foods/drugs? No  Yes  If yes, please list: \_\_\_\_\_

Any special medications, pertinent information or special instructions? No  Yes  If yes, please list: \_\_\_\_\_

## BASIC INFORMATION, RULES AND REQUIREMENTS

Dear Junior Lifeguard Families and prospective Junior Lifeguard:

Below is information pertaining to the 2026 Junior Lifeguard Program at Silver Strand Beach in Oxnard. Please retain this information for the duration of the program. You may find this program outline useful and refer to it for questions about:

- Tryout testing standards
- Program dates and times
- Refunds
- Behavioral expectations of Junior Lifeguards
- Disciplinary procedures
- Program activities

### ENROLLMENT

Enrollment for the Junior Lifeguard Program is first come first served. Due to the popularity of the program, enrollment is expected to fill to capacity quickly. Students are considered enrolled in the program when the Harbor Patrol Office receives all completed forms and full payment of tuition fee. The Harbor Patrol Office is open 24-hours, 7 days a week. Please call Harbor Patrol at (805) 973-5959 to ensure someone will be available at the office to receive your application and payment. Once the maximum capacity is filled, enrollment will close, and applications will not be accepted.

**NOTE: To ensure your child's place in the Jr. Lifeguard Program, please submit the program fee along with the completed application, including signed and initial parent/guardian agreements/waiver form (first and last page), and birth certificate or passport if your child is new to the program.**

### PROGRAM FEES

- \$575.00 for the first child from a family
- \$545.00 for each additional child from the same family
- Make checks payable to the County of Ventura Harbor Department

**AGE REQUIREMENTS:** 8 through 15 years of age on the first day of instruction

**NEW PARTICIPANTS are required to submit a copy of the student's birth certificate or passport at time of enrollment.**

### DATES

**Program** July 6, 2026 – July 31, 2026  
Monday – Friday, 9:00 A.M. – 2:00 P.M.  
One session only at Silver Strand Beach, Oxnard

**Island Trip** July 23, 2026, Time TBA  
Drop-off and pick up at Ventura Harbor  
Trip to the Channel Islands is included in the program fee.

**Awards BBQ** July 31, 2026

**TRYOUTS: Tryouts are required for first year Jr. Lifeguards only. Parent/Guardian must be present.**

Available Dates & Times

- Saturday, June 6, 2026, 10:00 A.M. – 2:00 P.M.
- Friday, July 3, 2026, 1:00 P.M. – 5:00 P.M.  
Location: Hueneme High School pool, 500 Bard Road, Oxnard, California 93033  
The pool is off "C" Street by the tennis courts. Parent/Guardian must be present.

## **TESTING STANDARDS**

The following requirements must be met for the student to successfully be admitted into the program:

- Student must be able to swim 100 yards in under 3 minutes;
- Student must be able to float or tread water for two minutes; and
- Student must be able to dive down underwater to a depth of 7 feet.

## **NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS**

The Ventura County Junior Lifeguard Program accords students of any race, color, national and ethnic origin all the rights, privileges, programs and activities generally accorded or made available to students at the school. Ventura County Junior Lifeguard Program does not discriminate on the basis of race, color, national and ethnic origin in administration of educational policies, admissions policies, athletic and other school-administered programs.

## **STUDENT DISCIPLINE FOR MINOR INCIDENTS**

For the Junior Lifeguard Program to be successful, students must exhibit behavior that is respectful of our staff, other students, our equipment and facilities. Group activities are vital to our program. A student that is disruptive to group activities and disrespectful to instructors, diminishes the enjoyment and education of the other students.

The intent of discipline is to instruct the student so as to gain compliance with acceptable behavior norms. Therefore, please familiarize your Junior Lifeguard with the following expected behaviors:

- Respect for instructors and other staff
- Respect for other students; no shoving, hitting or name calling
- Respect of facilities, equipment and property
- Cooperation with others and good sportsmanship
- Following all safety rules and all instructions
- Listening quietly to directions and announcements
- Participation in regular program activities

The progressive steps of discipline are as follows:

1. When a minor discipline situation occurs, the student will be counseled about the situation and given an explanation of what behavior change is expected.
2. If a subsequent incident occurs, the student will be asked to take a "TIME OUT." A "TIME OUT" is a period of five to ten minutes that the student spends quietly reflecting on the incident. After the "TIME OUT," the student is allowed to rejoin the group activity.
3. When a student has a series of "TIME OUT" in the same day, or a series of discipline situations over several days, the lead instructor will inform the youth's parent or guardian about the situation.
4. When a student continually disregards the instructors or shows little or no improvement with steps 1 through 3, the student will be suspended from the program for one day. The parent or guardian of the student will be informed that the student has been suspended. There will be no pro-rated refund of fees.
5. If, after suspension, the student's behavior is still not acceptable, the parent or guardian of the student will be informed that the student may no longer attend any of the program's activities. There will be no refund of fees.

Major first-time incidents may progress the student directly to step 4 or step 5 of the above procedures. Major incidents would include:

- Insubordination
- Fighting with another student or other people

- Unlawful or non-consensual touching or another person
- Stealing property
- Vandalism of equipment or facilities
- Other conduct which brings disrespect to the Junior Lifeguards or the County of Ventura

Any time a major behavior problem occurs, the Program Supervisor will be advised.

### **ATTENDANCE**

Attendance is taken daily. Students should arrive prepared to participate in daily activities. If the student plans to be absent, please notify Harbor Admin office by leaving a message at (805) 973-5950.

### **REFUND POLICY**

1. There is a \$50.00 fee for cancellations made prior to the first day of instruction.
2. First-time students that do not successfully complete the swim test will be fully refunded.
3. Students may drop out of the program at any time prior to the completion of the first week of instruction and receive a 50% refund of tuition. After commencement of the first day of instruction of the program's second week, no refunds will be made.
4. Student injuries that occur during the program that preclude the student's continuation in the program will result in a pro-rated refund based upon the remaining number of days in the program, including the day of injury.
5. There is no refund of fees for students suspended (1-3 days) or for students that are removed from all further program activities for disciplinary reasons.

### **PARTICIPATION IN ACTIVITIES**

Students are encouraged to participate in all regular program activities. The younger, smaller students may not have the same opportunities as the older students to utilize the kayaking equipment and other equipment, which require body weight and strength. Daily activities include strength conditioning, stretching, running, paddling, surfing and swimming. If you have questions, please see one of the lifeguard instructors. Participants may be given boat rides with the Harbor Patrol and instructed on local marine life and habitats.

### **UNIFORMS**

On the first day of session, all students will be provided with one (1) Junior Lifeguard T-shirt and one (1) Junior Lifeguard patch, to be attached to the left leg of board shorts.

Other uniform requirements, not provided, are as follows:

Boys/Girls: Navy blue board shorts  
 Girls: Navy blue tank top type swimsuit

Boys/Girls board shorts and hooded sweatshirts will be available for purchase at Harbor Patrol.

Optional items not provided are sunhats, sunglasses, sunscreen, towel, beach umbrella, etc.

**Instructors** are distinguished from assistants and students by their red lifeguard swim trunks, suits and Ventura County Lifeguard patch.

## **RELEASE FROM LIABILITY**

In consideration of the acceptance of the application of my child as a participant in the Junior Lifeguard Program, my child and I hereby agree to assume all risks attendant upon myself and my child while participating in the Junior Lifeguard Program. My child and I hereby waive, release and discharge any and all claims for damages for death, personal injury or property damage which my child or I may have, or which may hereafter accrue to me or my child, as a result of my child's participation in the Junior Lifeguard Program. I agree to save and hold harmless from liability the County of Ventura, any of its agents, servants or employees by reason of any accident, death, injury, or damages to persons or property which my child or I may suffer from and against any and all liability arising out of or connected in any way with my child's or my participation in the Junior Lifeguard Program, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents or death can occur during aquatic and marine activities, and that participants in aquatic and marine activities occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risk of aquatic and marine activities (swimming, surfing, lifesaving, body boarding, competition, and the like), nevertheless, I hereby agree to assume on my behalf and the behalf of my child those risks and to hold harmless all of the persons or entities mentioned above, who (through negligence or carelessness) might otherwise be liable to me or my child (or my heirs or assigns, or my child's heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns, and the assigns of my child. I agree to assume all responsibility for any property damage or injury to any persons caused by me or my child while participating in the Junior Lifeguard Program.

## **VIDEO-PHOTO RELEASE**

I understand that during the Junior Lifeguard Program or related activities, my photograph and/or the photograph of my child may be taken by the Junior Lifeguard Program, producers, sponsors, organizer, and/or assigns. I agree that my photograph and/or the photograph of my child, including video photography, film photography, or other reproduction of my likeness or the likeness of my child, may be used without charge by the Ventura County Harbor Department, producers, sponsors, organizers and/or its assigns for such purpose as they deem appropriate.

## **AUTHORIZATION TO TREAT A MINOR**

I, the parent or legal guardian of the child listed above, do hereby authorize and consent to any x-ray examination, anesthetic, medical, or surgical treatment rendered under the general or special supervision of any member of the medical staff and emergency room staff licensed under the provisions of the Medical Practice Act or a Dentist licensed under the provisions of the Dental Practice Act and on the staff of any acute general hospital or emergency care facility holding a current license to operate a hospital or emergency care facility from the State of California Department of Public Health. I understand that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician, in the exercise of his/her best judgment, may deem advisable for my child. Further, I understand my child will be participating in inherently dangerous activities (swimming, surfing, lifesaving, body boarding, competition, and the like) and agree to pay for my child's medical expenses. I understand that all effort shall be made to contact me prior to rendering treatment to my child, but any of the above treatment will not be withheld if I cannot be reached. This authorization is given pursuant to the provisions of the California Civil Code. This consent shall remain in effect until September 1<sup>st</sup> of this subject year.

## PARENT/GUARDIAN AGREEMENTS

1. I have read, understand and approve the **RELEASE FROM LIABILITY and the VIDEO-PHOTO RELEASE.**

\_\_\_\_\_  
Please Initial

2. I have read, understand and approve the **AUTHORIZATION TO TREAT A MINOR** with any restrictions I may have listed on student application.

\_\_\_\_\_  
Please Initial

3. I understand there is a \$50.00 fee for all returned checks and that my child cannot participate in any program activities until all fees have been paid in full.

\_\_\_\_\_  
Please Initial

4. I accept the provisions of the Ventura County Junior Lifeguard Program refund policy as stated in this handout.

\_\_\_\_\_  
Please Initial

5. I understand that if I do not initial and approve **RELEASE FROM LIABILITY** and the **AUTHORIZATION TO TREAT A MINOR**, and if I refuse to sign this document, my child's application will not be processed.

\_\_\_\_\_  
Please Initial

\_\_\_\_\_  
Please Print Name of Parent/Guardian

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**RETURNING STUDENTS:** Is your child a returning student? No  Yes  If yes, please read and initial below.

My child has participated in previous years' Junior Lifeguard Program. I certify that my child is physically fit to participate in the Junior Lifeguard Program this summer and request that my child not tryout this year.

\_\_\_\_\_  
Please Initial

Student's Name: \_\_\_\_\_